



Our Lady of the Assumption Roman Catholic Parish

· St. John the Evangelist, Keene, Ontario



1830 Keene Rd., Otonabee, ON, K9J 6X7

Phone: (705) 741-1018

email: assumptaest@sympatico.ca

web: www.assumption-stjohns.ca

Pastor: Monsignor Michael Heffernan C.H.H.

Weekend Holy Mass Schedule:

OUR LADY OF THE ASSUMPTION

Saturday 5:00 p.m.

Sunday 9:00 a.m.

ST. JOHN THE EVANGELIST

Keene, Ontario

Sunday 10:30 a.m.

Weekday Holy Mass Schedule:

OUR LADY OF THE ASSUMPTION

Monday, Wednesday, Thursday, Saturday 8:00 a.m.

Tuesday 6:30 p.m.

(Fourth and (Fifth) Tuesdays of the Month at 8:00 a.m.)

Friday 7:00 p.m.

Adoration of the Blessed Sacrament with Benediction:

Every Friday from 6:00 to 7:00 p.m.

Followed by Holy Mass at 7:00 p.m.

NEW PARISHIONERS—

Have you registered in our Parish?

“Parish Census” Forms can be found at the back of the Churches. Please introduce yourself to Fr. Michael and welcome!!

Reminder -

If you or a family member is in the hospital and you would like the priest at Our Lady of the Assumption to contact you, please phone the office at 705 – 741 – 1018.



**15th Sunday in Ordinary Time
July 10, 2016**

Parish Office: Phone: (705) 741-1018

**Secretary: Monday, Tuesday, Thursday and
Friday from 9:00 a.m. to 1:00 p.m.**

Catholic Women's League:

► President: Anna Marie Bolin
(705)742-8249

Knights of Columbus:

► Grand Knight: Peter Clancy
(705)748-3075

Marriage: Registered Parishioners must contact the Parish Office twelve months before the proposed Wedding date. No date for a Wedding can be set before a couple has met with the Priest.

Baptism: Registered Parishioners must contact the Parish Office one month before the desired Baptism date.

Reconciliation:

Saturday: 7:30 – 8:00 a.m. & 4:00 – 5:00 p.m.

Sunday: 8:00 – 9:00 a.m.

You may also ask Father at **ANYTIME**

MOVING? ~ Please let the office know of your move from this parish. Also, an address change is necessary for sending out the year's tax receipts. Call 705-741-1018.



MASS INTENTIONS

July 11 – July 17

MONDAY, July 11

St. Benedict

8:00 a.m. ~ Special Intention

TUESDAY, July 12

St. Veronica of the Veil

St. John Jones

6:30 p.m. ~ Special Intention

(Gerry & Dianne Doherty)

WEDNESDAY, July 13

St. Henry II

8:00 a.m. ~ Doris Doner

(Anne Fitzgerald)

THURSDAY, July 14

St. Camillus de Lellis

8:00 a.m. ~ Marg Caley

(Parishioner)

FRIDAY, July 15

St. Bonaventure

6:00 p.m. ~ Adoration of the Blessed Sacrament

7:00 p.m. + Don Keating

(Marg Shine)

SATURDAY, July 16

Our Lady of Mount Carmel

8:00 a.m. ~ Special Intention

(The Family)

SUNDAY, July 17

16th Sunday in Ordinary Time

5:00 p.m. (Sat.) + Elinor Marie Fitzgerald

(Ken & Loretta English)

9:00 a.m. ~ Pro Populo

10:30 a.m. ~ Special Intention

(Paul & Anne Beebe & Family)

Our Lady of Mt. Carmel is – no surprise here – the patroness of the Carmelite Order. Mt. Carmel, near the modern port city of Haifa, Israel, is not far from where Christ grew up. This had been a holy mountain long before the birth of Our Lord and by the twelfth century it had become a home to Carmelite monastics with a particular devotion to the Virgin Mary as their patroness. By the end of the thirteenth century assorted political and religious strife had caused the Carmelites to depart from Mt. Carmel and travel to Europe.

(For more background, a brief yet thorough explanation of the history of the Brown Scapular has been written by the brilliant Discalced Carmelite writer and translator, Reverend Kieran Kavanaugh).

It was in England in the thirteenth century that one Carmelite, St. Simon Stock, is said to have received the

Brown Scapular from Our Lady after having written the beautiful Flos Carmeli prayer. The Carmelite Order certainly does want to share Our Lady's patronage with those devoted to her and still extends their habit (in the form of the Scapular) and affiliation to the Church Universal. Rather than dwell on concerns of scapular promises, it may be

better to remember the words of the great Carmelite, St. John of the Cross, "Strive to preserve your heart in peace; let no event of this world disturb it; reflect that all must come to an end."

The Church's official position regarding the Brown Scapular is, according to Fr. Kavanaugh's article, that it is a garment that we wear as both a sign of our belonging to Mary and pledge of her maternal protection in this life and the next. It is also a sign of three entwined elements: a) belonging to the Carmelite family, b) consecration to and trust in Mary, and c) an incentive to imitate Our Lady's virtues, especially her humility, chastity, and prayerfulness.

We wear this scapular as a sign of devotion to Mary, under her title of Our Lady of Mount Carmel. So wear it if your devotion leads you to this. If you are hesitant at first, remember this from St. John of the Cross, "He who loves is not ashamed before men of what he does for God, neither does he hide it through shame though the whole world should condemn it." <http://www.wordonfire.org>



16th Sunday in Ordinary Time

July 17, 2016

LAY MINISTRY

Eucharistic

Lector

Gift Bearers

Saturday 5:00 p.m.

Marg Caley

Joanne Bolton

Colleen Petersen & Rose Rabishaw

Sunday 9:00 a.m.

Judy Lukes

Valerie Collicutt

Terry & Marlene Fitzgerald

10:30 a.m.

Rose Wornoff

Carolyn Doris

Henrietta Duff

Catholic Women's League



The CWL of Assumption/ St. John's is offering **two bursaries to assist high school graduates.**

This award will be granted to one boy and one girl from the Parish planning to continue their education at a post-secondary institution. Application forms are at the back of the churches. If you qualify, please pick

one up, complete and submit as directed on form. **Deadline is July 31.** Questions? Contact Diane Creeden at 742-9625.

Offertory

June 26: Env. \$1264.00 + Loose \$230.00 = \$1494.00
St. Vincent de Paul: \$36.00 Fuel: \$25.00

July 3: Env. \$1495.00 + Loose \$718.00 + P.A.P.
 \$550.00 = \$2763.00 Priest Benefit Fund: \$20.00
 St. Vincent de Paul: \$241.00 Fuel: \$311.00
Thank you for your generosity



**CATHOLIC ORGANIZATION
 FOR LIFE AND FAMILY**
Building a civilization of love

Friday, June 17, 2016, is a sad date in Canadian history. On that day Bill C-14 (*medical assistance in dying*) was passed by the Canadian Parliament. With royal assent, euthanasia and assisted suicide became legal procedures in Canada. Some citizens may now lawfully kill others.

This act of legalization does not render physician assisted suicide and euthanasia morally right. They remain grave sins against the love of God, and stand as an affront to human life and dignity. Consequently, opposition and resistance to them must continue.

Already we hear calls for the expansion of assisted suicide and euthanasia to include the mentally ill and mature children, as well as demands that these lethal procedures be included in advance directives. Our voices must continue to resound not only with a clear defence of the dignity of all human life from beginning to natural end but also an insistent demand for effective conscience protection across Canada. Advocacy must also continue for new and major investments in palliative care— the only truly human answer to end of life challenges.

From now on, the disciples of Christ share a double challenge :

Education to dispel the confusion surrounding *medical aid in dying*, and to propose with clarity the Christian vision of life and suffering;

Care for the vulnerable with the truth, charity and compassion that so clearly render euthanasia and assisted suicide unacceptable and unnecessary that they choose to live until their natural death.

The first Christians' contemporaries used to say: "See how they love one another"... Will people say the same about us, the first Christians of the third millennium?

COLF is co-sponsored by the Canadian Conference of Catholic Bishops and the Supreme Council of the Knights of Columbus.

Parish supper

Our Beef & Pork Parish Supper is scheduled for Saturday, September 24. Please set aside the day so you can enjoy a great meal and great company!

Boys' Choir from France at Sacred Heart Church

A group of Cathedral choir parents is hosting a Boys' Choir from France: La Maitrise des Hauts.

Thirty-one boys will sing at Sacred Heart Church on **Wed. July 13, 7pm.** Free admission – offering for travel expenses. For more info: please call 705-743-0113

Living Mercy: A Pilgrimage Retreat for Young Adults Fri., Aug. 26, 4:30 p.m. to Sun., Aug. 28, 1:30pm Hamilton home of the Sisters of St. Joseph

In this Year of Mercy, Faith Connections and the Federation of the Sisters of St. Joseph invite you to join other young adults (**men and women, 18-39**) as we explore how to live the call to mercy in prayer, practice, passion, and promise. Cost: \$150, including

meals/accommodation, \$65 if you do not require accommodation. **If cost is a concern please contact us.** Carpooling available. For more information, contact Mary Helen Moes [705-876-1710](tel:705-876-1710) or visit www.faithconnections.ca

Our Lady of Mount Carmel in Hastings A Time of Great Grace

Plan to attend our parish mission July 19th and 20th. The mission will be preached by Fr. Dominic Borg who is Disalced Carmelite Friar, O.C.D.

July 19th - 6:00 pm Mass; 6:30 pm Pot-Luck Supper; 7:30 - 9:00 pm Mission Talk
July 20th - 6:30 pm Mass; 7:00 - 9:00 pm Mission Talk (snack provided)



Cat. Chat Vacation Bible School from August 15 - 19 at O.L.A. Hall from 9:00 a.m. to noon daily. Cost \$25 per child or family of three or more, \$60 for the week. Registration deadline is July 17.



Val Collicutt at 748-5237, Sylvia O'Rourke 743-8968 or Mary Pat Goodridge at 740-9280. Theme: **A Wilderness Adventure through the Sacraments.** Registration forms are at the back of the church.

Help Wanted

Are you available for some Friday mornings between 9:30 and 11:00 a.m. to help take seniors in a nursing home to Mass? If you are able to help please contact Valerie at 705-748-5237 or Anna Marie at 705-742-8249.

Church Cleaning Ministry

Please find the church cleaning sheet on the glass religious article case at the back of the church. Once per week, for one month at a time, we need cleaners to vacuum, dust mop and do general dusting/ wiping at Assumption. We need cleaners for August to December.



Meditation



The Rosary is the most beautiful and the most rich in graces of all prayers; it is the prayer that touches most the Heart of the Mother of God; and if you wish peace to reign in your homes, recite the family Rosary. ~ Saint Pius X

Flos Carmeli Prayer (Flower of Carmel)

O beautiful Flower of Carmel, most fruitful Vine, Splendor of Heaven, holy and singular, who brought forth the Son of God, still ever remaining a Pure Virgin, assist me in this necessity. O Star of the Sea, help and protect me! Show me that thou art my Mother.



O Mary, Conceived without sin, Pray for us who have recourse to thee!
 Mother and Ornament of Carmel, Pray for us!
 Virgin, Flower of Carmel, Pray for us!
 Patroness of all who wear the Scapular, Pray for us!

Hope of all who die wearing the Scapular, Pray for us!
St. Joseph, Friend of the Sacred Heart, Pray for us!
St. Joseph, Chaste Spouse of Mary, Pray for us!
St. Joseph, Our Patron, Pray for us!

O sweet Heart of Mary, be my Salvation! Amen
St. Joseph's Douro Cemetery Board invites you to attend
the ANNUAL MEMORIAL MASS on *Monday, August 15th*
at 7:00 p.m. in the Cemetery.

All are welcome as we prayerfully remember our departed
loved ones and the pioneers who worked and prayed to
establish both St. Joseph's Parish and our Diocese.
(Inclement weather Mass will be celebrated in the Church).
A special collection will be taken to be used towards
cemetery upkeep. Please bring a lawn chair.

ROSARY FOR LIFE ON THURSDAYS



Come and join in praying the 15-
decade Rosary (Joyful, Sorrowful,
Glorious) for the sanctity and
protection of life from abortion,
euthanasia and assisted suicide,

followed by the Memorare and St. Michael's Prayer.
Thursdays at 3:00 p.m. at Sacred Heart Church.

READINGS:

16th Sunday in Ordinary Time July 17

1st Reading: Genesis 18: 1 – 10

2nd Reading: Colossians 1: 24 – 28

Gospel: Luke 10: 38 – 42

Holy Father's Intentions: July

Universal: Human Solidarity

That indigenous peoples, whose identity and
very existence are threatened, will be shown due
respect.

Evangelization: Seminarians and Novices

That the Church in Latin America and the
Caribbean, by means of her mission to the
continent, may announce the Gospel with
renewed vigour and enthusiasm.

SCRIPTURE STUDY

Every Tuesday evening from 7 pm to 8 pm, we gather at
St. Peter-in-Chains Cathedral rectory for prayerful
reading, reflection and discussion of the readings for the
following Sunday. Everyone is welcome. All that is
needed is a desire to come closer to the Lord and to
discover what it means to be His follower. Call Tom (705
243 4133).

LATIN TRIDENTINE MASS

MASS WILL BE CELEBRATED ON THE FIRST AND
LAST SUNDAYS OF THE MONTH AT 1:00 PM AND
EVERY SATURDAY MORNING AT OUR LADY OF
MOUNT CARMEL, HASTINGS AT 8:30 AM.

ALL OTHER SUNDAYS OF THE MONTH, MASS WILL
BE CELEBRATED AT ST. MARY OF THE VISITATION
CHURCH, CAMPBELLFORD AT 12:30 PM.
YOU ARE MOST WELCOME TO ATTEND

MAKE A ' LIFE ' DIFFERENCE.

Prayer does have power. Join us this Saturday morning from
10:00 am to 11:00 am across from the Peterborough hospital.
Come singly or as part of a group. We need you to participate
in our **sidewalk prayer vigil for the unborn.**

Defend life and be part of this public witness against the
horror of abortion.

For information: **Paul 741- 4000 or Tom 243-4133**

EUCCHARISTIC ADORATION

At St Alphonsus Oratory 7am-Midnight and Noon-
Midnight (Sunday) "Come to me all you who labour
and are burdened and I will give you rest." (Mt.
11:28) INFO: **Bernadette 705-742-3055**

Daughters of St. Paul Summer Program

The Daughters of St. Paul invite young women ages 14 –
18 years to the Saint Paul Summer Program from August 8

– 13. There will be Mass, adoration of the Blessed
Sacrament, morning and evening prayer in addition to
classes on the Word of God, Discerning God's call in your
Life, Pauline Consecrated Life etc. Also, you can learn and
get hands-on experience from the sisters who are artists,
designers, writers and editors. Applications must be
received by July 8 and participants must have parental
consent and be open to the idea of religious life as a
vocation. The program will be at Daughters of St. Paul
Motherhouse, Boston, MA. The cost will be \$125.
To register phone Sr. Emily Beata at 703-549-3806.

Pilgrimage to Shrine of St. Ann in Cormac:

Plan to attend the 78th annual pilgrimage to the
Shrine in Cormac on **Sunday, July 31st**, with
Bishop Michael Mulhall and Father Howard Chabot.
The theme of the pilgrimage will be "**With the
Lord there is Mercy.**" The Principal Pilgrimage
Mass will be celebrated at 11:00 am, with Bishop
Mulhall presiding, and a Mass of healing will be
celebrated at 2:00 pm. Local priests will be
assisting with the anointing with St. Anne's oil.
Religious articles, St. Ann's Mass League
memberships, and food and refreshments will be
available. Everyone welcome! For further information,
please see www.cormacpilgrimage.com.

Project Rachel

Project Rachel offers accompaniment,
counselling, personal presence and support, and
other services at any time they are needed by
women or men. They also offer weekend retreats
which provide opportunity for women who have suffered from an
abortion experience to find healing, forgiveness and
reconciliation.

Are you hurting as a result of an abortion? Healing is possible.
Please contact them for upcoming dates, in confidence, by
telephone at 416 629 8264 or by e-mail
projectrachel@stmarysrefuge.org.
<http://www.stmarysrefuge.org>



Chalice is a ministry of the Catholic Community, creating and nurturing relationships of life and love. To find out how Chalice Helps go to website <http://www.ccare.ca/>

Indeed, for 12 hours I can certainly do what might cause me consternation were I to believe I had to do it all my life.

Beautiful words to live by from St. Pope John XXIII:

"Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do."

"Only for Today..." THE DAILY DECALOGUE OF POPE JOHN XXIII

- 1) Only for today, I will seek to live the livelong day positively without wishing to solve the problems of my life all at once.
- 2) Only for today, I will take the greatest care of my appearance: I will dress modestly; I will not raise my voice; I will be courteous in my behaviour; I will not criticize anyone; I will not claim to improve or to discipline anyone except myself.
- 3) Only for today, I will be happy in the certainty that I was created to be happy, not only in the other world but also in this one.
- 4) Only for today, I will adapt to circumstances, without requiring all circumstances to be adapted to my own wishes.
- 5) Only for today, I will devote 10 minutes of my time to some good reading, remembering that just as food is necessary to the life of the body, so good reading is necessary to the life of the soul.
- 6) Only for today, I will do one good deed and not tell anyone about it.
- 7) Only for today, I will do at least one thing I do not like doing; and if my feelings are hurt, I will make sure that no one notices.
- 8) Only for today, I will make a plan for myself: I may not follow it to the letter, but I will make it. And I will be on guard against two evils: hastiness and indecision.
- 9) Only for today, I will firmly believe, despite appearances, that the good Providence of God cares for me as no one else who exists in this world.
- 10) Only for today, I will have no fears. In particular, I will not be afraid to enjoy what is beautiful and to believe in goodness.

Peterborough Communication Support Systems

A non-profit agency that provides support services to Deaf / non-verbal individuals living with intellectual disabilities. They provide quality sewing, custom embroidery, printing services and woodworking products. They are located at 192 B Hunter St. West. Phone: (705) 748 6680

Legion of Mary

We are looking for people to join the Legion of Mary. As you know, we are living in a foggy world. With the love of our Blessed Mother you will bring the sunshine and joy of Christ to many people. If interested contact Jack Cerveny 742-9839 or Marilyn Mitchell 745-52505

Our Lady Queen of Peace Community Rosary



Monday, at 6:30 p.m.
Sacred Heart, Peterborough
Join us for coffee/tea/treats after Rosary
Everyone is welcome to attend.

FOOD CUPBOARD AT KEENE UNITED CHURCH

Thurs. July 14: 12 -2 p.m., & 4 - 6 p.m. Donations of goods can be dropped off at Three Roads Farm and other Keene locations.



osmfoodcupboard@nexicom.net or 295-6952

Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit, and raises us to Heaven. (St. Ephrem)

What is Prayer?

1. Prayer means standing before God and raising up our mind and heart to him with reverent attention and devotion.
2. Prayer is the devout offering of our entire self in the Holy Spirit to the Father through Jesus Christ.

RELATED ARTICLES

To answer the question "What is prayer," we must realize that our search leads, not to an activity, but to a way of being. Prayer is less a function and more a disposition. As the Catechism of the Catholic Church (CCC) tells us, prayer is "a vital and personal relationship with the living God ... the living relationship of the children of God with their Father" (2558, 2565).

To understand the meaning of prayer, we must first believe that God exists, and that he is a personal being, a person who can be addressed and who responds. We must believe that God knows us, cares for us and loves us – even more than we love ourselves.

In fact, some describe prayer as “talking and listening with God.” Others call it “love letters” to God. Since prayer engages and expresses our relationship with God, the essence of prayer is communication. For the way that persons in love deepen their bond of charity with each other is through the sharing of their interior lives in an authentic and generous exchange of words, gestures, and feelings. The conversation of prayer deepens our intimacy with God by drawing us into the communication with him that leads to ultimate communion. In the process, prayer conforms us to the Lord we love so that, as Saint Teresa of Avila says, “the will becomes united in some way with the will of God.”

Prayer takes five basic forms:

Adoration exalts the greatness of God, the Creator and Sustainer, in the spirit of humility and homage. The gracious generosity of God compels us to bless the One who remains the source of every blessing in our life. The prayer of petition acknowledges our dependence on God the Father, especially as it prompts us to turn back to him in a spirit of repentance and contrition, asking for forgiveness.

Through the prayer of intercession we entrust ourselves to God’s mercy, especially by placing before the Father the concerns of others in need.

The prayer of thanksgiving gives voice to the gratitude that befits every mature and honest person, especially as it calls to mind the redeeming deeds of Jesus that save us and set us free.

Finally, as the Catechism explains, the prayer of praise “lauds God for his own sake and gives him glory, quite beyond what he does, but simply because he is” (2639). In short, these five different forms of prayer enable us to love God for what he has created, to love God for his compassionate mercy, to love God for his presence and assistance in our lives, to love God for his redemptive tenderness, and to love God for himself.

This article is excerpted from the booklet [A Life of Prayer: A Guide for Men](#) by Father John Peter Cameron, O.P.



Worldwide Marriage Encounter



From the Pastor’s Desk

■ *Fr. Michael*

The Season of Lent



Life Chain